

Midtown Greenery

All of our salads are made fresh daily from the finest ingredients and served with oven-baked honey wheat bread. Dressings available are ranch, honey mustard, Italian, lemon garlic, creamy island vinaigrette, Caesar, thousand island, oriental sesame dressing, blue cheese, balsamic vinaigrette, fat free raspberry vinaigrette, sweet and sour vinaigrette **Extra Dressing \$.75**

The following proteins may be added for an additional charge:

Diced grilled Chicken \$3.00 • Grilled Shrimp \$4.50

Pan Seared Tuna Steak \$5.00 **** (cooked to order)****

Florenza: Ham, Genoa salami, sopressatta, and provolone cheese on fresh mixed greens with mild banana peppers, olives and sweet onions served with homemade Italian dressing. **\$13.00**

Sampler: A delicious scoop of one of our homemade salads (chicken, shimp, egg, or tuna salad). Served on leaf lettuce with sliced fruits and vegetables with a wedge of our honeywheat bread and your choice of dressing. **\$11.00**

Add \$2.00 per additional scoop • Fruit only \$2.00

Chefs Salad: A blend of fresh lettuces, layered with sliced turkey, ham, hard boiled egg slices, fresh tomatoes, sliced cucumbers, chopped bacon, topped with shredded cheddar/jack cheese. Served with a wedge of our honeywheat bread and your choice of dressing. **\$13.50**

All Salads listed below are \$9.50.

Midtown Classic: A variety of lettuces mixed with fresh chopped seasonal vegetables, ripe homegrown tomatoes and shredded cheese and your choice of dressing.

Parisian: Gorgonzola cheese, granny smith apples, mandarin oranges, walnuts, and dried cranberries tossed with the Midtown classic greens and balsamic vinaigrette.

Greek Isles: Feta cheese, kalamata olives, tomatoes, pepperoncini's tossed with Midtown classic greens and served with grilled pita points and balsamic vinaigrette.

Caesar: The traditional Caesar salad with romaine lettuce, parmesan cheese, tomatoes, and croutons. Dressing served on the side.

Key West Salad: Our mixed greens with seasonal strawberries, grapes, mandarin oranges, pineapple tidbits, and feta cheese served with oriental sesame dressing.

Kona Coast Salad: Fresh spinach leaves with sliced red onion, chopped bacon bits, shredded cheese, hardboiled egg quarters and tomatoes and your choice of dressing.

Soups and Sides

Our soups are made fresh daily and are available in a cup or bowl size.

Midtown Bowl: A bowl of our fresh soup. **\$5.00**

Midtown Cup: A cup of our fresh soup. **\$4.00**

Homemade Sides: Potato salad, pasta salad, cole slaw. **\$3.25**

Fruit: Seasonal fruits slices served on leaf lettuce. **\$4.50**

Petite Salad: A smaller proportion of our Midtown classic greens with chopped veggies, tomatoes and cheese with your choice of dressing. **\$5.00**

Side of Chips: **\$2.00**

Homemade Side Salads (8oz.): Chicken Salad **\$6.00**

Egg Salad **\$5.00**

Tuna Salad **\$6.00**

Shrimp Salad **\$8.00**

Beverages

Fountain or Bottled Coke Products: We serve a variety of soft drinks, iced Sweet and un-Sweetened tea, a variety of hot teas, and coffee. **\$2.25**

Midtown

DELI & GRILL

Proudly Serving Wilmington Since 2007

2316 S. 17th Street, Unit 100
Wilmington, NC 28401

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M-F 11 AM - 3 PM

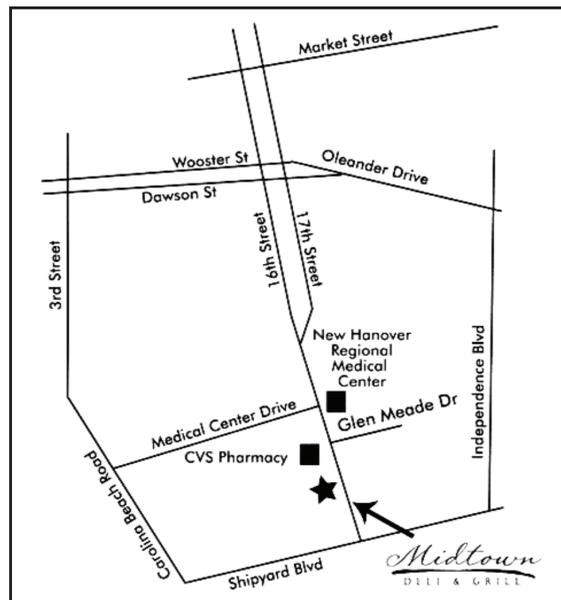
SAT 11 AM – 3 PM

Sunday Closed

www.midtownwilmington.com

Free delivery to business clientele
with a \$25 minimum purchase

Ask about our catering and
private parties services



****Consuming raw or undercooked meats, poultry, seafood, or eggs, may increase your risk of foodborne illness, especially if you have certain medical conditions.****



Midtown Sandwiches

*Proudly made with the freshest ingredients and Boar's Head products.
All sandwiches are served with chips and a pickle slice.*

Americana: Sliced ham, American cheese, honey mustard, and bacon grilled on sourdough bread.
\$9.00

Deli Delite: Layers of sliced turkey, ham, and roast beef topped with provolone cheese, lettuce, tomato, onions, and banana peppers. Served on a honey wheat roll and seasoned with our special Italian dressing.
\$11.00

Turkey Club: Oven roasted turkey breast, sliced ham, bacon, Swiss cheese, lettuce and tomato with mayo or honey mustard served on your choice of sourdough or wheat bread.
\$10.00

Turkey Delite: Sliced turkey, lettuce, tomato, cucumbers, with cheddar and Muenster cheese topped with mayo or honey mustard on a honey wheat roll.
\$10.00

Delaney: Sweet Sliced Ham topped with onions, lettuce and tomato, your choice of cheese, mayo or honey mustard. Served hot on a toasted onion roll.
\$9.00

Bluewater: Thinly sliced roast beef covered with provolone cheese, coleslaw and Thousand Island dressing. Served on an onion roll.
\$10.00

The Roma: Slices of ham, salami, soppressatta, and topped with provolone cheese, lettuce, tomato, onions, banana peppers, and Italian dressing. Served on a honey wheat roll.
\$11.00

The Melt: Our homemade chicken or tuna salad on a toasted English muffin topped with pineapple slices or sliced tomatoes and melted cheddar cheese.
\$9.00

Bradley: Roast beef, cheddar cheese, lettuce, tomato, onion and horseradish sauce grilled on rye bread.
\$10.00

The Californian Delite: Turkey, Swiss cheese, bacon, and avocado grilled on sourdough with ranch dressing.
\$10.00

Midtown Sandwiches

Bellamy: Homemade Shrimp Salad Served in your choice of a whole wheat wrap or pita. Served with chips and a pickle.
\$11.50

Reuben: Corned beef or turkey topped with sauerkraut and Swiss cheese. Served grilled on rye bread with our special Midtown signature sauce.
\$9.00

Gobbler: Turkey slices with our homemade cranberry sauce and Swiss cheese on a honey wheat roll.
\$9.00

Boardwalk: Fresh turkey, Genoa Salami, Provolone Cheese, lettuce, tomato, onions, banana peppers, Italian dressing. Served hot on grilled Ciabatta Bread.
\$10.00

The Verona: Prosciutto, soppressatta, mozzarella cheese, lettuce, tomato, onions, and banana peppers, with balsamic dressing on grilled ciabatta.
\$11.00

The Intracoastal: Fresh slices of turkey breast, muenster cheese, avocado slices, lettuce, tomato, and our sweet and sour vinaigrette served on grilled ciabatta.
\$10.00

Substitute for Chips:
One side for \$3.00, Fruit for \$4.25, Petite Salad for \$3.25,
Bowl of soup for \$4.25, or a cup for \$4.25
Side Dressing \$.75

Midtown Midday Special

Your choice of turkey, ham, roast beef, corned beef, egg salad, tuna salad, or chicken salad with choice of cheese. Served with lettuce, tomato, and mayo on your choice of sourdough, rye, or wheat bread.
\$8.00 (Roast Beef extra \$.50) (Upgrade your bread for \$2)

Half of our Midtown Midday Special

**With a cup of our fresh made soup OR
a petite salad and your choice of dressing**
\$8.50

Midtown Wraps

*All priced at \$10.00 and served on our wheat wrap.
Proudly made with the freshest ingredients and Boar's Head products.
All wraps are served with chips and a pickle slice.*

The Vegetarian: A generous combination of chopped vegetables, lettuce, tomatoes, avocado, onions, banana peppers, and cheddar cheese, then drizzled with Italian dressing.

The Turkey and Bacon: Topped with cheddar cheese, lettuce, tomato, and cucumber with honey mustard dressing.

The Grilled Chicken and Feta Cheese: Combined with tomato, spinach, olives and drizzled with lemon garlic dressing.

The Turkey and Fresh Spinach: With tomato, Swiss cheese, bacon, and sweet onion topped with Caesar dressing.

The Grilled Chicken and Avocado: Wrapped with provolone cheese, lettuce, cucumbers, and tomato drizzled with ranch dressing.

The Grilled Chicken and Mozzarella: A blend of grilled chicken, fresh mozzarella, tomatoes, and our special creamy island vinaigrette dressing.

The Chicken & Bacon: Diced grilled chicken topped with shredded cheddar/jack cheese. Covered with bacon, lettuce, tomatoes, jalapenos, and drizzled with ranch dressing.

Midtown Grillers

*All grillers are served with chips and a pickle. Can be topped with any of the following: Lettuce, tomato, onions, ketchup, mustard, mayo
(Please allow at least 12-15 minutes for grilling)*

Add Bacon for \$1.50 | Add Chili for \$1.00 | Add Slaw for \$1.00

Breaker: Grilled chicken breast with American cheese, lettuce, tomato and mayo, on a toasted Kaiser roll.
\$10.00

Burger: Angus beef patty grilled to perfection with your choice of any of our toppings and served on an onion or Kaiser roll. **** (cooked well done) ** (All the way is lettuce, tomato, onions, ketchup, mustard, mayo)**
\$11.00

Hotty Dog: Grilled beef frank served with your choice of toppings listed above.
\$4.50

Vegged Out Burger: Veggie burger grilled to vegetarian perfection. Served with your choice of toppings. Served on your choice of onion or Kaiser roll.
\$9.00